

## PERSONAL MORALITY: RULES

- . Do the best you can.
- . Control yourself.
- . Take your pleasures in moderation.
- . Make yourself useful.
- . Seize the opportunities <sup>as</sup> ~~when~~ they come, and make them when they don't.
- . Never suffer unnecessarily.
- *Never harm unnecessarily.*
- . Atone for your sins.
- . Don't beg: offer to exchange instead.
- . Look at misfortune in the face. (Keep a stiff upper lip.)
- . Don't expect gratitude.
- . Don't recriminate.

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